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The Flying Eagle is brought to you by the student news crew at East Intermediate.

Fourth graders from Mrs. Baker's class, under the direction of Mrs. Thomas, write, produce and distribute the paper.

Students from Mrs. Evers' class, (below), enjoy wearing hats on March 1st to celebrate Read Across America.



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The Flying Eagle

The Great Green Month

by Gabe Taylor

Every year on March 17th, people celebrate St. Patrick's Day around the world. Even though St. Patrick's Day began in Ireland, people still celebrate it in other countries like America. We celebrate St. Patrick's Day because St. Patrick, who was originally Irish, brought Christianity to his people.

We celebrate by wearing green. If someone does not wear green on this date, we get to pinch them. Some people set leprechaun traps on St. Patrick's Day. This is because Leprechauns try to find all of the lucky 4 leaf clovers. Leprechauns are considered selfish, and they won't share their gold with others. They wear green, have a hat with a four-leaf clover on it, and have an orange beard.

So see if you can find a four-leaf clover for good luck. Start hunting for one now — they are hard to find.



Even though St. Patrick's Day is not an official holiday in America, we celebrate it on March 17th.

Read Across America

by Felicity Lance

On Friday, March 1st, Read Across America took place. It was a celebration of Dr. Seuss' birthday and was meant to encourage children to read and have fun. The theme for this year was, "Grab Your Hat and Read with the Cat."

East School students had fun by having a "Crazy Hat Day" and bookmark contest. Students all

over America did fun activities or events like that, too.

Read Across America was inspired by Dr. Seuss' humorous stories. There are great lessons and humor in most of his books. Here are a few of our favorites: *Green Eggs and Ham*, *The Cat in the Hat Comes Back*, *One Fish Two Fish Red Fish Blue Fish*, *The Foot Book*, *Hop on Pop* and *Mr. Brown Can Moo, Can You?* You can tell they are funny books just by the

titles.

Our teachers, Mrs. Thomas and Mrs. Baker, said their favorite Dr. Seuss book is *Sneeches*, which teaches an important lesson about being happy with yourself, and accepting others. Many of Dr. Seuss' books teach important lessons. Can you figure out what the lesson is in *Horton Hears a Who!*?

Try reading some of Dr. Seuss' books, and you can have fun reading!



In Like a Lion; Out Like a Lamb

By Jordan Warner

Or is it "In Like a Lamb; Out Like a Lion?" It all depends on the weather at the beginning of March. The saying, "March comes in like a lion and out like a lamb" was first said during the 19th century. It means March starts with bad weather, and ends with nice weather — or just the opposite. We use the saying because lions are fierce and ferocious and lambs are sweet and gentle. So weather is being compared to a ferocious lion and a gentle lamb. That means that this saying is a SIMILE which compares 2 unlike things using the words *like* or *as*.





Making Waves

By Chloe Freeman and Ashley Strosnider

On Thursday, March 21st, from 6:30-8:00 PM, the Waves of Pride event was held at the Greenville High School. Principal Ken Neff and Tiffany Labig organized the event. Students put many kinds of work in Waves of Pride — art, experiments, reports, and poetry, to name a few examples. The idea for Waves of Pride is to showcase students' work to the community.

Former GCS superintendent, Dr. Weedy, started Waves of Pride in 2001. Teachers volunteer their time to set up Waves of Pride. In the small gym, work by students at Woodland Primary, East Intermediate, and South Middle School is represented. In the large gym, they have musical performances and work by students at the Junior High and Greenville High School.

Any student can have work in Waves of Pride, so do your best on your work. There is a Waves of Pride event every year during the end of March or beginning of April. So try your hardest on your work, and maybe it will be on display during Waves of Pride.

Third grade students (pictured above left) submitted shape poems for Waves of Pride.

To the Editor: We Caught a Problem

By Faith Mansfield and Anson Norton



Have you heard of "Caught You Reading?" It was created a few years ago by Mrs. Thomas with the help of Mrs. Wise. When teachers and staff see kids at East reading, they give them tickets (like you get at the fair). Kids put their names on their tickets and drop them in a box beside the boys' bathroom across from the office. Once a week Mrs. Wise pulls out tickets and kids whose tickets are

The prizes are nice: erasers, highlighters, pens, bracelets and much more!

This is a pretty good program, but there is a problem with it. Some kids who are reading don't get tickets. Do you think that is fair? We don't.

Here are our thoughts on a few solutions. (1) Have 5 minutes

each day when kids can do anything they want in class that is school related. If they choose to read, give them a ticket. (2) In the morning, assign 1 teacher to only 2-3 classes for handing out tickets. The teacher will notice more readers because there will be fewer kids he or she will have to monitor. (3) In class, have a special spot

(see Editor, p. 4)

Jack Sprat Gets Fat

By Jacob Watson

There once was an old guy named Jack.

Everyday he would eat a big snack.

He looked like a rat, because he was fat.

He wanted his slim body back.

Heart Health in P.E.

By Aaron Suter and Austin Jolley

At least once every month at East School, there is a fitness week in P.E. class to try to get our hearts healthy. You can get your heart healthy as simply as walking, jogging, swimming or jumping rope. You NEED your heart healthy because your heart is the engine of your body and if it's not working properly, you can

get a heart attack or have other heart problems.

Exercising gets your heart healthy because it raises your heart rate and if you keep the rate elevated, it is called aerobic activity. Exercising, eating healthy foods, drinking water, and good amounts of

sleep are things needed to have a healthy heart.

The food groups that can get your heart healthy are vegetables, fruits, grains, lean proteins and some dairy products. Foods that can harm your heart are fried foods, greasy foods, salty foods, fatty red meats and too much

sugar. Too much fast food is not good for you.

If you want to learn more about keeping your heart healthy, you can go to doctors' offices, the internet, or libraries. You can even go to your local grocery store and get a pamphlet about heart health. Have a healthy heart!

New Computers in East School Lab

By Reed Hanes



Students from Mrs. Koontz's math class take MAP tests online at East in the computer lab, located in room 11.

The East school computer lab is getting 24 new computers. The computers were purchased because the old hub (computers) could not run MAP testing — a new, online reading, math and writing test program Greenville City Schools is using. Mr. Warner, Mr. Sharp, Mrs. Weiss and students from Mr. Warner's computer classes installed the new computers. It took them 2 1/2 days to install them during the week of March 4th. After MAP testing, students and teachers can start using the computer lab again for re-

search and other projects.

Title I funds and grant money was used to buy the new computers. According to Mrs. Weiss, tech specialist at East, "The old hubs will be used to open a second computer lab."

**Congratulations,
Mr. Winner**

on the birth of
your new baby, Ross Michael Winner!



"How To": Sweet Treat Sheep

by Ryan Dull

Thank you for reading my last article about edible snowmen. I hope you enjoy your March sweet treat sheep!

Items needed:

- 1 large marshmallow
- 1 small marshmallow
- 6 chocolate chips
- 4 pretzel sticks
- 2 tiny pieces of chocolate
- Peanut butter

The first thing you do is get the large marshmallow and the small marshmallow. Put the flat side of the small one next to the flat side of the large one. "Glue" them together with peanut butter. Then get 4 pretzel sticks and put them under the large marshmallow as legs. "Stab" them into the bottom of the large marshmallow; don't use peanut butter. Next is the

tricky part. Stick 4 chocolate chips under the pretzel sticks (legs). Now at the back of the sheep, put a chocolate chip as a tail. In the front of the sheep, where the small marshmallow is, put a chocolate chip as a mouth. Attach all of the chips with peanut butter. And there is one more step...the eyes. Get two small pieces of chocolate. (Make them tiny!). Stick them over the mouth as eyes. Enjoy!

**We Love our
Limericks!**



There once was
a young girl named Jill
who always was making
a spill.

She watched the grape
juice

run all over Bruce.

You should see the
huge dry cleaning bill!

By Austin Jolley

Teacher Feature

by Cristian Warner

Mrs. Timmerman is a new 4th grade math teacher at East this year. Her room is located on the first floor, # 104. She used to teach 5th grade at Taft Elementary in Marion, Ohio before she moved here.

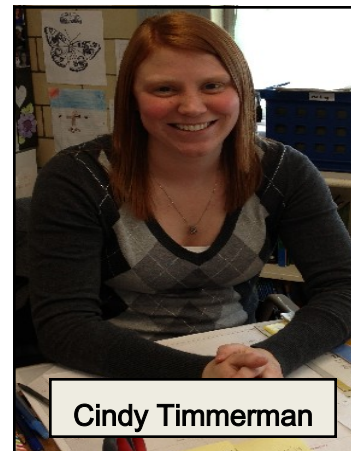
Her decision to be a teacher was because she really enjoys children and she had inspiring teachers

herself when she was a kid. She decided to teach in Greenville because it is a lot like the town she grew up in. Mrs. Timmerman says she enjoys working with the staff and students at East.

When you pass her in the hall, Mrs. Timmerman is always smiling. The look on her face is very welcoming. She is an

inspiring teacher who makes school seem fun. If you ever have any questions about your work, she says, "feel free to ask."

Miss Kitty says she is glad to have Mrs. Timmerman be part of the staff at East. Her students are glad she is here, too!



Cindy Timmerman

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for kids to go to read if they finish their work. They will be separated from the rest of the class. You could have them write on paper what they read and how long they read. Then give out tickets to readers. (4) Caught You Reading does encourage kids to read, but some kids don't read because they don't have a book. Kids have a responsibility to bring a book to read every day — not just for getting prizes, but just to read. Reading can make you even smarter than you are.

The people who created Caught You Reading had a great idea because the program encourages kids to read. Hopefully our ideas about how to solve the problem of noticing who needs a ticket will make the program better. Other schools may want to steal the Caught You Reading program. We hope it goes on for ages at East School. Hope you find a good book you can enjoy!

Ryleigh's Remedies

By Ryleigh Barber with special guest writer, Tyler Milton

Have you ever scratched your scalp constantly because it won't quit itching? Have you ever seen little white bugs on your hair? If you said "yes" to either of these questions, then you may have head lice. Head lice are little bugs that like to live in your hair. They actually chew on your scalp, which makes it itch.

If you get head lice, you have to take action to get rid of the problem. To clean yourself and your house (both are necessary to REALLY get rid of the pesky critters), you will need to:

- Wash your hair with special soap made for getting rid of lice. An adult should help you.
- Comb your hair with a fine tooth comb to get rid of dead lice and lice eggs called "nits"
- Soak hair tools in hot water for 10 minutes
- Bag stuffed animals for 14 days
- Vacuum the carpets, couches and rugs and get rid of the vacuum bag immediately
- Mop hardwood or tile floors
- Wash all clothes and put them in the dryer (the heat from the dryer kills the lice)
- Put items that can't be washed (like pillows) in the dryer on high heat



To avoid getting head lice, keep your hair short or put it up. Avoid sharing clothing, brushes and combs, or hair ties. Keep your hair clean and avoid head-to-head contact.

"Ask Jaden"

by Jaden Sensano



Advice columnist, Jaden Sensano, and guest columnists, Mrs. Baker and Mrs. Thomas, will answer students' questions. Submit questions to the "Ask Jaden" box in the library. No silly notes or goofy questions, please. Just things about learning, friendships, school issues, entertainment for kids, etc. Thanks!

Dear Jaden,

I would like to win an award for getting all my homework turned in, but I never do. I can't remember what homework I have, or I forget to do it. Sometimes I don't remember to bring it back to school. Can you help me?

Hopelessly Unorganized

Dear Hopelessly Unorganized,

You may be unorganized now, but I have ideas about how to help you get your homework turned in, so you are not really Hope-

less.

First, use your planner to write down your assignments. Also, write "homework" and the date it is due on the top of each page you are supposed to do at night. Make SURE the papers are put into your homework folder — not just shoved in your desk or your backpack.

Secondly, if you have relatives at home, they can help you keep track of your homework. You could also keep your homework in a folder where you know it will be each morning when you are ready to leave for

school. Same place, every day — like a pattern. So you don't have to remember where to look each morning. You won't forget something that you left laying on a table or desk if it's put into something that you're taking to school like your backpack.

Finally, set up a time when you do your homework. If you can, make it the same time each day — so you don't forget. Do your homework in a quiet place — away from toys or the TV. Have your mom or dad check to see if you have homework. Good luck!
~Jaden